
Questions for Discussion

For both: questions to talk through together on your date night.

1. Are we spending enough time together? How much is best? When?

2. When is the best time of day for us to talk?

3. How do you want me to greet you at the end of the day?

4. What is meaningful communication to you?

5. Where do you rank our communication on a scale of 1-10? (10=best) What are some things I could do to make our communication a "10" in the next year?

6. How am I doing with meaningful touch apart from sex? (1-10)

7. What types of physical affection do you most enjoy? (or don't appreciate?)

8. What could I do in a heated argument to draw us closer – not farther apart?

9. What would be a romantic evening for you?

10. What are some things I do that take the romance out of our relationship?

11. When you are hurting or discouraged, what is the best way I can help you?

12. Decision-making – do you feel excluded or overburdened? What can I do to improve this area and make our relationship stronger?

13. Are there any things in my life that you feel are more important than you? What can I do to make you feel you are second only to God?

14. Is there anything else that I do or that I don't do that dishonors you, frustrates you, embarrasses you, or hurts you? Please share honestly.

15. What’s one dream or goal you have that I could support or help you accomplish?

16. What’s one way I could support your spiritual growth right now?

17. What are some things we could dream about or plan together (trips, goals, projects)?

18. What’s something I can do regularly that would make you feel seen and appreciated?
