

100 Ways to Love Her – Her Way

For wives: check the ones that are meaningful to you, then number them in order of importance.

☐ CHECK · # RANK

- ☐ ____ 1. Communicate with her; never close her out
- ☐ ____ 2. Regard her as important
- ☐ ____ 3. Do everything you can to understand her feelings
- ☐ ____ 4. Be interested in her friends
- ☐ ____ 5. Ask her opinion frequently
- ☐ ____ 6. Value what she says
- ☐ ____ 7. Let her feel your approval and affection
- ☐ ____ 8. Protect her on a daily basis
- ☐ ____ 9. Be gentle and tender with her
- ☐ ____ 10. Develop a sense of humor
- ☐ ____ 11. Avoid sudden major changes without discussion and without giving her time to adjust
- ☐ ____ 12. Learn to respond openly and verbally when she wants to communicate
- ☐ ____ 13. Comfort her when she is down emotionally. For instance, put your arms around her and silently hold her for a few seconds without lectures or put-downs
- ☐ ____ 14. Be interested in what she feels is important in life
- ☐ ____ 15. Correct her gently and tenderly
- ☐ ____ 16. Allow her to teach you without putting up your defenses

- ☐ ____ 17. Make special time available to her and your children
- ☐ ____ 18. Be trustworthy
- ☐ ____ 19. Compliment her often
- ☐ ____ 20. Be creative when you express your love, either in words or actions.
- ☐ ____ 21. Have specific family goals for each year
- ☐ ____ 22. Let her buy things she considers necessary
- ☐ ____ 23. Be forgiving when she offends you
- ☐ ____ 24. Show her you need her
- ☐ ____ 25. Accept her the way she is; discover her uniqueness as special
- ☐ ____ 26. Admit your mistakes; don't be afraid to be humble
- ☐ ____ 27. Lead your family in their spiritual relationship with God
- ☐ ____ 28. Allow your wife to fail; discuss what went wrong, after you have comforted her
- ☐ ____ 29. Rub her feet or neck after a hard day
- ☐ ____ 30. Take time for the two of you to sit and talk calmly
- ☐ ____ 31. Go on romantic outings
- ☐ ____ 32. Write her a letter occasionally, telling her how much you love her
- ☐ ____ 33. Surprise her with a card or flowers
- ☐ ____ 34. Express how much you appreciate her
- ☐ ____ 35. Tell her how proud you are of her
- ☐ ____ 36. Give advice in a loving way when she asks for it
- ☐ ____ 37. Defend her to others
- ☐ ____ 38. Prefer her over others
- ☐ ____ 39. Do not expect her to do activities beyond her emotional or physical capabilities
- ☐ ____ 40. Pray for her to enjoy God's best in life
- ☐ ____ 41. Take time to notice what she has done for you and the family

- ☐ ____ **42.** Brag about her to other people behind her back
- ☐ ____ **43.** Share your thoughts and feelings with her
- ☐ ____ **44.** Tell her about your job if she is interested
- ☐ ____ **45.** Take time to see how she spends her day, at work or at home
- ☐ ____ **46.** Learn to enjoy what she enjoys
- ☐ ____ **47.** Take care of the kids before dinner
- ☐ ____ **48.** Help straighten up the house before mealtime
- ☐ ____ **49.** Let her take a bubble bath while you do the dishes
- ☐ ____ **50.** Understand her physical limitations if you have several children
- ☐ ____ **51.** Discipline the children in love, not anger
- ☐ ____ **52.** Help her finish her goals – hobbies or education
- ☐ ____ **53.** Treat her as if God had stamped on her forehead, "Handle with care"
- ☐ ____ **54.** Get rid of habits that annoy her
- ☐ ____ **55.** Be gentle and thoughtful to her relatives
- ☐ ____ **56.** Do not compare her relatives with yours in a negative way
- ☐ ____ **57.** Thank her for things she has done without expecting anything in return
- ☐ ____ **58.** Do not expect a band to play whenever you help with the housekeeping
- ☐ ____ **59.** Make sure she understands everything you are planning to do
- ☐ ____ **60.** Do little things for her – an unexpected kiss, coffee in bed
- ☐ ____ **61.** Treat her as an intellectual equal
- ☐ ____ **62.** Find out if she wants to be treated as physically weaker
- ☐ ____ **63.** Discover her fears in life
- ☐ ____ **64.** See what you can do to eliminate her fears
- ☐ ____ **65.** Discover her sexual needs
- ☐ ____ **66.** Ask if she wants to discuss how you can meet her sexual needs

- ☐ ____ **67.** Find out what makes her insecure
- ☐ ____ **68.** Plan your future together
- ☐ ____ **69.** Do not quarrel over words, but try to find hidden meanings
- ☐ ____ **70.** Practice common courtesies like holding the door for her, pouring coffee
- ☐ ____ **71.** Ask if you offend her sexually in any way
- ☐ ____ **72.** Ask if she is jealous of anyone
- ☐ ____ **73.** See if she is uncomfortable about the way money is spent
- ☐ ____ **74.** Take her on dates now and then
- ☐ ____ **75.** Hold her hand in public
- ☐ ____ **76.** Put your arm around her in front of friends
- ☐ ____ **77.** Tell her you love her – often
- ☐ ____ **78.** Remember anniversaries, birthdays, and other special occasions
- ☐ ____ **79.** Learn to enjoy shopping
- ☐ ____ **80.** Teach her to hunt and fish or whatever you enjoy doing
- ☐ ____ **81.** Give her a special gift from time to time
- ☐ ____ **82.** Share the responsibilities around the house
- ☐ ____ **83.** Do not belittle her feminine characteristics
- ☐ ____ **84.** Let her express herself freely, without fear of being called stupid or illogical
- ☐ ____ **85.** Carefully choose your words, especially when angry
- ☐ ____ **86.** Do not criticize her in front of others
- ☐ ____ **87.** Do not let her see you become excited about the physical features of another woman if that bothers her
- ☐ ____ **88.** Be sensitive to other people
- ☐ ____ **89.** Let your family know you want to spend special time with them
- ☐ ____ **90.** Fix dinner for her from time to time

- ☐ ____ **91.** Be sympathetic when she is sick
- ☐ ____ **92.** Call her when you are going to be late
- ☐ ____ **93.** Do not disagree with her in front of the children
- ☐ ____ **94.** Take her out to dinner and for weekend getaways
- ☐ ____ **95.** Do the little things she needs from time to time
- ☐ ____ **96.** Give her special time to be alone or with her friends
- ☐ ____ **97.** Buy her what she considers an intimate gift
- ☐ ____ **98.** Read a book she recommends to you
- ☐ ____ **99.** Give her an engraved plaque assuring her of your lasting love
- ☐ ____ **100.** Write her a poem about how special she is